Bedtime Petition of St. Ephrem

1. Lord have mercy upon us
   O Lord receive our service
   Send us from your treasure-house
   Mercy, grace, and forgiveness

2. Help me to keep vigil and
   Stand watchfully before You
   but if I were to slumber
   May my sleep be without sin

3. If I sin while keeping watch
   Lord, forgive me by Your grace
   And if I sin in my sleep,
   Absolve me by Your mercy!

4. Lord grant me peaceful sleep by
   the Cross of Your humbleness
   Save me from all evil dreams
   and from obscene images

5. While I sleep throughout this night
   Lord, protect me and prevent
   evil men and sinful thoughts
   from taking control of me

6. Send me an angel of light
   to protect my whole body
   By Your flesh which I’ve consumed
   save me from hateful passions

7. Lord, when I lie down to sleep
   May Your blood be my guardian
   granting freedom to my soul
   which is formed in Your image

8. Overshadow my body
   with Your right hand which formed it
   May Your fortress of mercy
   be a shield surrounding me

9. May Your strength be my guardian
   As my body sleeps in peace
   May that sleep be like incense
   before Your great majesty

10. By the pray’rs of Your Mother
    Let not Satan near my bed
    By Your sacrifice for me
    Forbid him from harming me

11. Lord fulfill what you promised
    Guard my life by Your Cross that
    I may praise You when I wake
    For you loved my feebleness

12. Grant, by Your compassion, Lord
    that I may obey Your will
    Grant us an evening of peace
    And a night of righteousness

13. Christ our Savior, O True Light
    Whose honor dwells in the light
    You are indeed the True Light
    Whom the sons of light worship

14. Jesus, Savior of the world
    who dwells truly in the light
    Have mercy upon us in
    this world and the world to come

15. Glory to You! Praise to You!
    Thousands of praises to You
    Glory Lord! Glory to You,
    Lord, have mercy on us all

16. Praise the One Watchers worship
    Praise the One the angels serve
    Lord of Watchers and angels
    Hear the pleas of Your faithful
17. Praise Him Who is One Essence  
    Praise Him Who is Three Persons  
    Father, Son, Holy Spirit  
    Who is the One and True God

18. Glory to Him who accepts  
    like first-fruits and offerings  
    the tears of the penitent  
    and the pray’rs of the feeble

19. Countless as the leaves of trees  
    are those on earth who praise You  
    Whom Watchers in Heaven serve  
    and whom angels glorify

20. With wisdom and purity  
    let us glorify our God  
    Father, Son, Holy Spirit  
    Who is the one and true God

(If not during Great Lent, skip to verse 25)

*Stanzas sung during Great Lent

21. *Do not keep gold and silver  
    which contain deadly poison  
    Rather, obtain sound doctrine  
    that you are loved by the Lord

22. *Observe the forty-days’ fast  
    and give bread to the hungry  
    And as you learned from David  
    Pray seven times every day (Ps 119:164)

23. *Both Moses and Elijah  
    fasted forty days and nights  
    as our Lord also fasted  
    and conquered the evil one

24. *May the pray’r which ascended  
    from the furnace, sea and pit  
    open the door of mercy  
    for our pray’r and petition

25. Lord, who hears our petitions  
    Answer us in Your mercy  
    Lord, be reconciled with us  
    Have compassion upon us
Psalm 4

Hear me when I call, O God of my righteousness! You have relieved me in my distress; Have mercy on me, and hear my prayer.

How long, O you sons of men, Will you turn my glory to shame? How long will you love worthlessness And seek falsehood?

But know that the LORD has set apart for Himself him who is godly; The LORD will hear when I call to Him.

Be angry, and do not sin. Meditate within your heart on your bed, and be still.

Offer the sacrifices of righteousness, And put your trust in the LORD.

There are many who say, “Who will show us any good?”

LORD, lift up the light of Your countenance upon us.

You have put gladness in my heart, More than in the season that their grain and wine increased.

I will both lie down in peace, and sleep; For You alone, O LORD, make me dwell in safety.

And to You belongs the praise O God, Barekmor

O Holy Father, guard us by Thy sacred name,
O Son of God, our Savior, protect us with Thy victorious Cross,
O Holy Spirit, make us worthy temples of Thy holy habitation.
O Lord our God, forever shelter us, under Thy divine wings, at all times forever, Amin.